

The ASERET Alignment Test



1. As you ask yourself these questions, consider where you strong and should focus, and where you are weak and how to improve.
2. Remember the weaknesses which are the easiest to overcome are our worst shortcomings!
3. Be honest and realistic.

	HaShem	Self	Others
I Am HaShem, your G-d, Who took you out of Egypt	Do I acknowledge that I am living in G-d's world?	Do I acknowledge that I am a partner with G-d in completing the creation?	Am I concerned for others like G-d is?
Do not have any other gods before me	Do I acknowledge that G-d is the ultimate power and authority of all things?	Do I remember G-d when I look for fulfillment?	Do I ascribe too much power to other people?
Do not use the name of HaShem in vain	Am I careful to guard the sacredness of G-d's name and all things holy?	Am I aware and do I adhere to my own sacred mission?	Do I acknowledge other's sacredness?
Remember The Shabbos To Sanctify It	Do I take time on Shabbos to be with/think about HaShem?	Do I take time on Shabbos to align myself with my Core Values?	Do I make sure on Shabbat to connect with my loved ones?
Honor Your Parents	Do I acknowledge that my parents are G-d's partners in my creation?	Do I acknowledge everything my parents have done for me?	Do I respect and take care of my parents?
Do Not Murder	Do I see others as G-d's creatures?	Do I appreciate the gift of life-in-the-image-of-G-d?	Do I see the image of G-d in others?
Do Not Commit Adultery	Do I acknowledge that being loyal is being like G-d?	Do I keep my commitments to myself?	Do I keep my commitments to others?
Do Not Steal	Do I acknowledge and thank G-d for my blessings?	Do I steal from myself because of fear or laziness?	Do I steal from others?
Do Not Be A False Witness	Do I acknowledge that G-d is just and wants justice?	Do I have a positive inner dialogue?	Do I use my speech for positive purpose?
Do Not Covet	Do I trust that G-d gives me what I need?	Do I embrace my personal mission in life?	Do I acknowledge other's individuality?